

PARISH OF WATH WITH BRAMPTON BIERLOW

Domestic Abuse Resource Pack

This pack contains contact details, including free helpline numbers, for everyone from children to elders.

It includes advice lines for those who have experienced rape, sexual abuse, domestic violence, hate crime, forced marriage or honour-based violence.

Please feel free to use this information

Women's Aid provides services for women and children who have been affected by the experience of domestic violence, rape and sexual abuse.

0808 2000 247

<https://www.womensaid.org.uk/>

Refuge is the national charity which provides a wide range of specialist domestic violence services to women and children experiencing domestic violence.

0808 2000 247

www.refuge.org.uk

Rape Crisis centres offer a range of services for women and girls who have been raped or experienced another form of sexual violence.

0808 802 9999

www.rapecrisis.org.uk

National Domestic Violence Helpline - The Freephone 24 Hour National Domestic Violence Helpline run in partnership between Women's Aid and Refuge

0808 2000 247

National Centre for Domestic Violence (NCDV) provides a free, fast emergency injunction service to survivors of domestic violence. 24-hour helpline:

0800 970 2070

<https://www.ncdv.org.uk/>

NSPCC Helpline - Free helpline service for anyone with concerns about a child's safety and wellbeing, even one in their own home. You can speak to a NSPCC counsellor 24 hours a day, 365 days a year. Advice and support is provided parents and carers and consultations with professionals are offered. We will listen to your concerns, offer advice and support and can take action on your behalf if a child is in danger.

0808 800 5000

Galop gives advice and support to LGBT people who have experienced hate crime, sexual violence and domestic abuse. LGBT domestic violence helpline:

0800 999 5428

www.galop.org.uk/

Respect is a confidential helpline offering advice, information and support to help you stop being violent and abusive to your partner.

0808 802 4040

www.respect.uk.net

Samaritans - A 24-hour free helpline from any phone, for any person in emotional distress
116 123

www.samaritans.org

Safelives is a national charity supporting a strong multi-agency response to domestic abuse. It provides practical help to support professionals and organisations working with domestic abuse victims, with the aim of protecting the highest risk victims and their children – those at risk of murder or serious harm. Unfortunately, Safelives does not provide direct support or advice to victims of domestic violence. However, if you are experiencing domestic abuse or are supporting someone who is in that situation, immediate help is available via the National Domestic Violence Helpline: 0808 2000 247

0117 403 3220

<http://www.safelives.org.uk>

Resources related to children and young people

Home Office resources regarding adolescent to parent abuse: The Home Office has produced an information guide on adolescent to parent abuse:

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/420963/APVA.pdf

Holes in the Wall A blog run by a professional social worker which provides updates on research, practice and policymaking developments – also available on Twitter (@HelenBonnick)

<http://holesinthewall.co.uk/>

RESPECT - A membership association for domestic abuse prevention programmes and integrated support services. The Young Peoples Services is a sub-site of which offers regular conferences and training for practitioners who are working with young people who use violence in close relationships (including against parents)

020 7549 0578 <http://respect.uk.net/work/respect-young-peoples-service/>

NSPCC ChildLine - Free, confidential service for young people up to the age of 19. Get help and advice about a wide range of issues, talk to a counsellor online, send ChildLine an email or post on the message boards.

0800 1111

www.childline.org.uk

Resources regarding teenage relationship abuse

The Home Office has produced a guide to help consider how the extension to the definition of domestic abuse may impact on working with 16-17 year olds.

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/142701/guideon%20definition-of-dv.pdf

The Home Office Teenage Relationship Abuse Campaign includes information and resources for schools.

www.homeoffice.gov.uk/crime/violence-against-women-girls/teenage-relationship-abuse/

This is Abuse site. Includes films, support information, young people's message board and FAQs.

<http://thisisabuse.direct.gov.uk/>

AVA A national second-tier organisation providing training and consultancy on teenage relationship abuse as well as all other forms of violence against women and girls.

www.avaproject.org.uk

Barnardos is the largest provider of child sexual exploitation support services in the UK. Staffed by qualified professionals, these services provide a safe and confidential environment where young people can go for help, advice and support.

0208 550 8822

www.barnardos.org.uk/

Resources for women in black and minority ethnic communities

Southall Black Sisters. Southall Black Sisters is a not-for-profit organisation set up in 1979 to meet the needs of black (Asian and African-Caribbean) and minority ethnic women.

Helpline 0208 571 0800 Monday, Wednesday, Friday 9:30am – 4:30pm

<http://www.southallblacksisters.org.uk/>

Resources regarding Honour Based Violence

Karma Nirvana supports those who suffer or are at risk of honour-based abuse or forced marriage.

0800 5999 247 9am – 9pm weekdays <https://www.karmanirvana.org.uk>

Forced Marriage Unit - The Government's Forced Marriage Unit (FMU) is dedicated both to preventing British nationals being forced into marriage overseas and to assisting anyone in the UK faced with the prospect of being forced into a marriage. If you are worried that you might be forced into a marriage or are worried about someone else who maybe you should contact FMU on:

020 7008 0151 (9am – 5pm) or 0207 008 1500 (if outside the office hours (ask for the Global Response Centre) www.gov.uk/forced-marriage

Resources specifically for men

The Men’s Advice Line. A confidential helpline for men experiencing domestic violence from a partner or ex-partner (or from other family members).

0808 801 0327 (Mon.-Frid 9am-8pm) www.mensadviceline.org.uk

Mankind Initiative - Support for male victims of domestic abuse and domestic violence
01823 334 244 (weekdays 10am to 4pm) <https://mankind.org.uk/>

Christian resources

Restored is an international Christian alliance working to end violence against women and to transform relationships.

<http://www.restoredrelationships.org/>

RAVE is an initiative that seeks to bring knowledge and social action together to assist families of faith impacted by abuse.

<http://www.theraveproject.org>

Hidden Hurt is designed to help understand the dynamics of relationships where abuse is taking place, the different forms abuse can take, its effect on both direct victims (i.e. person being abused) and indirect victims (i.e. children living in a house where abuse occurs), specific issues facing the Christian abuse victim, and helpful links and telephone numbers inside the UK.

www.hiddenhurt.co.uk

Faith Trust Institute - A US-based multi-faith organization working to end sexual and domestic violence.

<http://www.faithtrustinstitute.org/>

Spark works to engage communication and communities to prevent and respond to Violence Against Women and Gender Justice. It provides specialist consultancy supporting domestic abuse work.

<http://www.sparkequip.org/>

Broken Rites is an international group offering mutual support and information to separated and divorced spouses/partners of clergy, ministers and Church Army Officers.

<http://www.brokenrites.org/>

Eve runs a family refuge in Northamptonshire and provide training on domestic abuse prevention and response

<http://www.eveda.org.uk/>

Resources on Elder abuse

Action on Elder Abuse Elder Abuse Response helpline:

0808 808 8141

www.elderabuse.org.uk

If you know of any other resources that could help improve this information pack, please let us know. Local contacts would always be helpful.

If you wish to talk to someone here about domestic abuse our vicar is Reverend Charles Burton 07803 219746, and our safeguarding officer is John Campbell 07342 497520